World History Name:
Application of Life Script: Two Families Block:

Introduction: By the time we are eighteen our parents, our teachers and our role models-good and bad-have given us tens of thousands of script messages. 70% of who we are is a product of what we have seen growing up, while only 30% is a result of what we have been told. In TA therapy script messages are always written in quotes with an exclamation mark at the end to indicate a command: For example, imagine at graduation your father shakes your hand and simply says, *"Good Luck!"* Though the verbal message is, *"Good Luck!"* the non verbal script message is, *"I trust you. I know you will do well."* Consider the following families below:

The Naked Family: (Mom, Dad, Two Daughters)

- The Naked Family is Black; they call themselves Black; others call them Afro-American
- Everybody; mom, dad, the kids, is always running around the house naked after they shower and are getting dressed
- From Day 1, dad is very affectionate with his two daughters: he hugs them, he kisses them on the cheek, he pats their heads and shoulders
- Mom and Dad are always coming up and hugging the girls, even now that they're eighteen
- Mom and Dad are always hugging each other
- From Day 1, Mom and Dad have talked to the girls about sex and drugs and alcohol
- Mom and Dad are very affectionate with each other: they hug, they kiss, and they touch each other in front of the girls
- Mom is big boned; others would call her fat.
- Both Mom and Dad always say, *"We have to be twice as good."*
- Both Mom and Dad preach, *"Work is recreation."*
- Mom wears cutting edge, very stylish clothing and is always beautifully dressed
- Mom runs and exercises three times a week
- During the Holidays, the daughters are allowed a glass of wine with dinner
- When the girls bring home "Ds" from school, Dad says, *"That's too bad. What are you going to do now?"*
- When the girls have a bad teacher, Mom says, *"That's too bad. What are you going to do now?"*
- When the girls were cut from the basketball team, Mom and Dad said, *"That's too bad. What are you going to do now?"*
- When Dad was fired from his job, Mom said, *"That's too bad. What are you going to do now?"*
- When Dad got fired from his job he refused to collect unemployment

1. Does the Naked Family have a Healthy/Winner Script or do they have a Loser/Victim Script? Offer three (3) specific pieces of evidence that proves your thesis

2. A. What are six (6) powerful script commands the girls are getting from their parents. Be sure to write the commands in quotes with exclamation points.

The Perfect Family (Mom, Dad, Two Daughters)

- The Perfect Family is White
- The Perfect Family is very modest about their bodies; they are never, ever naked in front of each other
- The Perfect Family is really, really wealthy
- Mom and Dad always say, *"Your grandparents left you a trust fund."*
- The Perfect Family are all very attractive and beautiful
- The girls are often sick and miss school quite a bit, especially Mondays and Fridays
- When the girls are late to school, which is all the time, mom always excuses their tardies
- When the girls were little, Dad was very affectionate and touched them all of the time. When the girls turned thirteen, Dad stopped touching them
- Mom and the girls are all drop-dead beautiful
- Mom exercises an hour a day, 365 days a year
- Mom got breast augmentation surgery and a face lift
- Mom is always preaching dieting
- Mom got pregnant when she was seventeen
- Grandma got pregnant when she was nineteen
- Mom and Dad never show any affection for each other
- Mom's father was an alcoholic. Mom never, ever drinks; she exercises
- Dad is an alcoholic
- Mom and Dad allow the girls to drink and party in the basement, *"where they can keep an eye on things"*
- Dad loves internet porn
- Mom and Dad are very strict about sex. Mom and Dad always say, *"Those who play are those who pay."*
- When the girls have a bad teacher, Mom and Dad get the girls in a different class
- When the girls get Cs and Ds Mom and Dad call up the teacher and request a conference
- When the girls were cut from cheerleading, Mom called up the school and requested a conference with the coach

3. Does the Perfect Family have a Healthy/Winner Script or do they have a Loser/Victim Script? Offer three (3) specific pieces of evidence that proves your thesis

4. A. What are six (6) powerful script commands the girls are getting from their parents. Be sure to write the commands in quotes with exclamation points.